

The Board

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Vol 3 Issue 9 Nov 15' 2023

Rtn. Amarjit Singh Virk President (For Rotary Year 2023-2024)

"The 4-way Test of Rotary is a real sermon of HUMANITY. Even though 4-way test is being recited in Club as a mere formality without realizing it's real purpose that it has been prescribed not only to transform one as true Rotarian but also True HUMAN BEING....."

The President Writes

4 way test not only makes us true Rotarians, but also.....

The Four-way test in Rotary, Of the things we say, think or do. First -is it the TRUTH? Second- Is it FAIR to all concerned? Third- Will it build GOODWILL and BETTER FRIENDSHIP? Fourth- will it be BENEFICIAL to all concerned?

This four-way test is recited in each and every Rotary Club Worldwide for the last more than eight decades. Since the time I joined Rotary, I have been observing that the 4-way test is being recited by all Rotarians in its every meeting. The very first test talks about the thoughts, words and action of every Rotarian to be TRUTH and truth alone. This is unequivocally true that TRUTH does not require anybody's approval. Even if we accept it happily or with some pinch of salt or even if we reject it TRUTH remains TRUTH. There can't be anything over and above TRUTH. It is also a common talk that what is not TRUTH cannot be accepted. If this is so then why ROTARY has provided 3 more tests for Rotarians to follow? There should not have been any necessity to prescribe anything more once there could be nothing over and above TRUTH. But still if 3 more tests after TRUTH have been provided then these may not be abstract TRUTH but still these have to qualify on the touchstone of TRUTH i.e. it may not be TRUTH but nevertheless not less than TRUTH. Take the 2nd test 'Of the things we say, think or do, Is it FAIR to all concerned? If it talks about fairness based on TRUTH as whatever is TRUTH has also to be fair in all circumstances, then there was no necessity to prescribe that but once it has been prescribed, it necessarily mean that every Rotarian must see that whatever he/she thinks, say or do is FAIR to all concerned even if it is not TRUTH, however, to qualify as it is prescribed in the mandatory test even if it is not TRUTH but FAIR to be of such highest level of morality & ethics that despite being not TRUTH it is not less than TRUTH and it is FAIR.

An old story comes to my mind that some scoundrels were chasing some lonely innocent helpless girl, who in order to save herself from those scoundrels took shelter in a house on the outskirts of the city. The house owner on their enquiry instead of telling truth that girl is hiding

The President Writes contd...

4 way test not only makes us true Rotarians, but also.....

in his house mislead the scoundrels. Who on being misled go to some other way in search of the girl. Then I think that what the house owner told to the Scoundrels was not TRUTH but it was certainly FAIR as by not adhering to the Truth, he saved the life of the innocent hapless girl. This may not be TRUTH but still it can't be said to be less than TRUTH because being of highest moral values. There may be innumerable similar instances. Likewise taking the 3rd test test 'Of the things we say, think or do, Will it build GOODWILL and BETTER FRIENDSHIP? If it would have been perceived to be based on TRUTH and TRUTH alone then again there was no necessity to prescribe it but having been prescribed, it signifies that the words, thoughts and actions of a Rotarian must build GOODWILL and BETTER FRIENDSHIP, even if it is not TRUTH but certainly have to qualify on the touchstone of TRUTH of being of highest level of morality and ethics. We all know that KARNA, a true warrior, in the Epic of MAHABHARAT stood for his best friend 'DURYODHAN' knowing fully well that his friend is on wrong path of injustice, only and only to prove his loyalty to his Friend. Likewise, BHISAM PITAMAH also in order to come true to his words to protect and never leave HASTINAPUR fought the Battle of MAHABHARAT from the side of HASTINAPUR King DHRITARASHTRA knowing fully well that he is on the side of injustice and rather can be said to responsible for destruction of HASTINAPUR. So, these cannot be said to build GOODWILL and BETTER FRIENDSHIP even if both of them were following the path of TRUTH, on the other hand LORD KRISHNA knowing well that injustice is being done to PANDAVAS not only helped them being SAARTHI of the CHARIOT of ARJUNA but by using HIS divine powers helped PANDAVAS to defeat KAURAVS in the Battle of MAHABHARAT. The KRISHANLEELA may not be completely TRUTH but certainly not less than TRUTH being of highest moral value and ethics. Now take the 4th test 'Of the things we say, think or do, will it be BENEFICIAL to all concerned? Had it been based on TRUTH and TRUTH alone, then again there was no necessity to prescribe the same, but once it still has been provided, it signifies that even though TRUTH is taken to be BENEFICIAL to all concerned but again it may not be so in all circumstances. But anything which is BENEFICIAL but not truth in order to represent the 4th Test has to qualify on the touchstone of truth of being of highest morality and ethics. Say for example if on account of using knife by one person, someone's life is lost, it is not acceptable as he/she may be held guilty of murder of that person, it doesn't qualify the touchstone of TRUTH being of immoral value, whereas on the other hand if someone loose his/her life on account of use of knife by a Doctor in order to treat a patient to save his/her life, it is acceptable and qualifies the test on the touchstone of TRUTH being BENEFICIAL to all concerned. Every religion worldwide talks of HUMANITY but its impact is lost on account of its preachers and followers being of only and only of that particular sect or religion imbibing sense of Superiority towards their religion as well as Ill-will and hatred, even if not directly but otherwise towards other sect and religions. Rotary on the other hand is group of people professing distinct religions, different castes, professions etc. not attached to any particular sect or religion but talking of HUMANITY. The 4-way Test of Rotary is a real sermon of HUMANITY. Even though 4-way test is being recited in Club as a mere formality without realizing it's real purpose that it has been prescribed not only to transform one as true Rotarian but also True HUMAN BEING yet it must continue as someone someday while repeating it again and again may realize its true prospective and it helps in transforming one as True Rotarian.

52nd Meeting Celebrating Diwali

- 74 Sweet Boxes for the jawans
- PP Rtn. Sukhpreet Singh got the punctuality award



The 52nd meeting of
Rotary Club of Mohali
Midtown was held on
Wednesday, 8th Nov.,
2023 at ACCORD,
Aroma Hotel,
Chandigarh at 7.30 P.M.
Sergeant at Arms, Rtn.
Harcharan Singh
Marwah collared the
President. The President
called the meeting to
order Sergeant at Arms,
Rtn. Harcharan Singh

Marwah initiated the National Anthem which was sung by all, recited the 4-way Test and then passed on the mike to President. The President welcomed the Rotarians & Anns.

PROJECTS UNDERTAKEN: TRIPLE PROJECTS: BICYCLE / TREE

PLANTATION / SHELTER KITS: The President Informed that the Club organized triple project at WOODS BURY SCHOOL, Phase X, Mohali on Oct. 14, 2023 The Bicycles were distributed to the needy girls. It was 2nd Project. The Club planted Trees in the School premises. It was the 5th Tree Plantation project of RY 2023-24. The Club also provided Shelter Kits to deserved families. The Shelter Kits had been provided by RD3080.

8th FREE EYES CHECK-UP CAMP: The President Informed that the Fellow Rotarian Dr. Aditya Sharma and his team successfully organized 8th Free Eye- Checkup Camp on 15.10.2023 at Village Bhagwanpur near Dera Bassi.

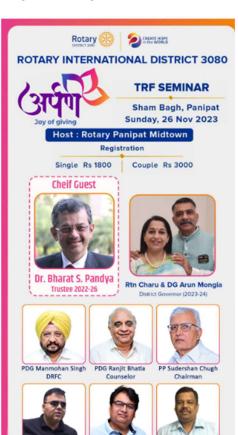
FREE CATARACT SURGERIES: The President informed the House that the Fellow Rotarian Dr. Aditya Sharma conducted 3 Free Cataract Surgeries at Amar Shakti Eye & Gynae Clinic on 19.10.2023 out of the patients diagnosed at 8th Free Eyes Checkup Camp held at Village Bhagwanpur.

WORLD POLIO DAY: The Club celebrated World Polio Day on 25.10.2023 at Ajit Karam Singh International Public School with the association of Interact Club. PDG Rtn. Parveen Goyal was the guest speaker, who delivered talk on Rotary & eradication of Polio and also shared his experiences while being Chairperson of Polio Project in RD3080.

ADULT LITERACY CENTRE: The Club started Adult Literacy Centre at Tribune Model School, Chandigarh on 04.11.2023 under the Guidance of RILM(Rotary India Literacy Mission). As many as 8 Interactors volunteered to teach 8 Adult Illiterate persons under Each One Teach One project.

DIWALI WITH JAWANS: RD3080 for the last many years celebrate Diwali by providing Sweet Boxes to Jawans at Higher Reaches in collaboration of Rotary Club, Chandigarh by associating all the clubs of Distt. This Year also RD3080 appealed to all Clubs to come forward to Celebrate Diwali with Jawans. The President informed that this year too our fellow Rotarians had participated in the project with great enthusiasm and donated 74 Sweet Boxes. The same were flagged by the Governor of Punjab on 07.11.2023.

BOARD MEETING: The President informed that 20th Board Meeting was held on 03.11.2023 in which the Account Statement of the Club ofRY2022- 23 was presented



and was approved. The Board also discussed / approved the projects undertaken and upcoming projects.

ROTARY MEDICAL MISSION RESOURCE GROUP:

The President informed that RD3080 has initiated to establish Rotary Medical Mission Resource Group. The consent of two fellow Rotarian Professional Doctors Rtn. Dr. Sandeep Dev Singh

& Rtn. Dr. Aditya Sharma had already been forwarded. Another Fellow Rotarian Dr. Manu Bhushan Mengi also offered his services.

DISTRICT UPCOMING EVENTS: The President informed that RD3080 is organsing TRF Seminar 'ARPAN' on 26.11.2023 at Panipat. The registration charges are Rs, 1800/- for Single & Rs. 3000/- for Couple. A Committee of IPP Rtn. Ravijeet Singh & PE Rtn. Dilpreet Singh was constituted for motivating members for making donations to TRF and also to facilitate participation of maximum Rotarians in

TRF Seminar.

UPCOMING PROJECTS: BLOOD DONATION CAMP: The President informed that The Club is going to organize 2nd Blood Doantion Camp at Ryat Bahara Law Institute after Diwali, The exact Schedule of the same shall be notified very shortly.

The Rotarians & Anns enjoyed the Birthday celebrations of Rtn.Amarjeet Kaur & Rtn. Manu Bhushan Mengi as well Anniversaries of Rtn. Jagdeep Singh / Ann Harinder Pal Kaur, Rtn. Manjit Singh Kohli / Ann Ashpinder Kaur, Rtn. Dr. AdityaSharma / Ann Dr.



Priyanka Sharma & Rtn. Bhupinder Singh /Ann Satvinder Kaur with Cake Cutting.

The members celebrated Diwali with fun frolic. A poem was recited by Ann Prabhajot Kaur wife of Rtn. Damanpreet Singh. She won an all-around applause for her poetic talent and also for facilitating the game of Tambola.



ਸਬ ਦਾ ਜਗ ਰਵੇ ਰੌਸ਼ਨ ਭਰਿਆ \mathbf{BY} **ANN PRABHJOT**

ਦੀਵਾਲੀ ਦਾ ਦਿਨ ਹੈ ਚੜਿਆ



ਰਹਿਮਤ ਦੀ ਕਲਮ (Insta @rehmatdikalam) Prabhjot Kaur

ਦੂਆ ਕਰਿਏ ਸਬ ਦਾ ਜਗ ਰਵੇ ਰੌਸ਼ਨ ਭਰਿਆ



"ਰੋਟਰੀ ਵਾਲਿਆਂ ਨੇ ਐਲਾਨ ਹੈ ਕਰਿਆ ਜੱਗਮੱਗ ਸਿਰਫ ਸ਼ਹਿਰ, ਘਰਾਂ ਚ ਤੇ ਚੇਹਰਿਆਂ ਤੇ ठती ਐਨਾਂ ਅਨਸਣਿਆਂ ਦੀ ਜਿੰਦ ਸਵਾਰਣ ਦਾ ਜਿੰਮਾ ਹੈ ਫ਼ਤਿਆਂ ਰੱਬਾ ਬਕਸ਼ੀਂ ਬਰਕਤਾਂ ਐਨਾ ਦੇ ਐਨਾਂ ਕਰਮਾਂ ਨੰ ਤੇਰੇ ਦਰ ਦੀ ਆਸ ਤੇ ਹੈ, ਐਨਾਂ ਇਹ ਕਰਮ ਕਰਿਆ

PP Rtn. Raviieet Sinah

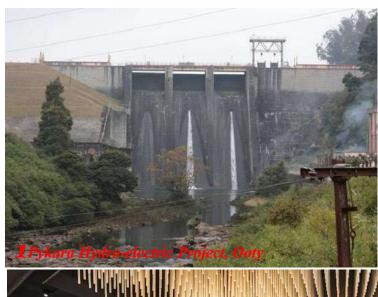
Know our Rotarian



PP Rtn Ravijeet Singh was born on Nov 12 at Talwara to S. Kulwant Singh and Sardarni Amrit Kaur. Like father like son! Ravijit Singh followed his father's illustrious steps and obtained Degree in Civil Engineering from Thapar Institute of Engineering and Technology, Patiala in year 1995; 29 years later than S. Kulwant Singh ji. Ravijit was the second President of the Club; and is designated to the Assistant Governor for the coming year. He is a epitome of giving, being the first Major Donor from the club; and putting his best foot forward for the Adoption of Village in his year. Ravijit is married to Rtn. Manpreet Kaur who has been his pillar of strength throughout. The couple is blessed with a daughter Sukhmannat Kaur who is in the final year of MBBS at Govt Medical College,

Amritsar; and son Rasneet Singh. Rasneet is studying at Chandigarh College of Architecture, Chandigarh.

Ravijit is known for designing dreams into reality through concrete. Some of the prime projects that have taken shape















Past President writes

Earthquakes and their vulnerability By PP Rtn. Harcharan Singh Marwah

This is sixth part of series being written by Rtn. Marwah

The occurrence of earthquakes in the region is primarily attributed to the tectonic settings of the Himalayas, which include key geological features such as the Himalayan Frontal Thrust (HFT), Main Boundary Thrust (MBT), and Main Central Thrust (MCT). Several local faults and geological lineaments contribute to seismic activity in the area. The neighboring states in India that felt the tremors fall under seismic hazard zones V and IV. These zones indicate a high seismic risk, with zone V being the most susceptible to strong earthquakes. The seismic vulnerability of these areas underscores the importance of earthquake preparedness and mitigation measures.

The Union Territory of Chandigarh spread over an area of 114 sq. kms. has high vulnerability to earthquakes as it lies in Seismic Zone IV. Earthquake Hazard level is classified as medium according to the information that is currently available. Nepal lies in one of the most active tectonic zones (seismic zone IV and V) of the world, making the country extremely vulnerable to earthquakes. The 6.2 magnitude earthquake was the strongest in Nepal since the deadly 7.8 magnitude earthquake had hit Nepal in April 2015 that had killed more than 8,000 people and injured over 21,000. Large tectonic plates make up the crust of the Earth. These land masses, which contain entire continents, are in motion and colliding with one another all the time. Nepal sits on the boundary of two massive tectonic plates: the Indo-Australian and the Asian plates. It is the collision of these plates that has produced the Himalayan mountains, with them, the earthquakes.



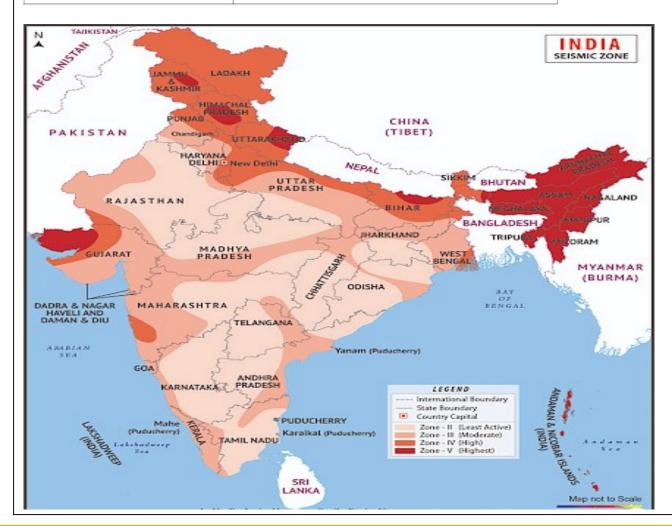
Tri-cities of Chandigarh, Mohali Punchkula and earthquake disaster preparedness: Mega Mock Drill earthquake on preparedness was conducted by the governments of Harvana, Himachal Pradesh, Punjab and UT Chandigarh in collaboration guidance and of National Disaster Management Authority

(NDMA) in tri-cities of Chandigarh, Mohali and Punchkula, and at Shimla on 13th Feb., 2013. It is for the first time that such an effort has been made in this region. These states and UT Chandigarh lie in seismic zones IV and V and therefore their vulnerability to earthquake hazard is a matter of serious concern. Earthquakes are one of the worst natural calamities which can neither be predicted nor prevented. The impact of such a disaster on lives and property can be reduced considerably by better preparedness and awareness.

The NDMA for the first time in history of our country initiated a project to develop a multistate earthquake disaster scenario for a hypothetical earthquake of Magnitude 8 with its epicenter at

Seismic Hazard Map of India: India is one of the highly earthquake affected countries because of the presence of tectonically active young fold mountains, Himalayas. India has been divided into four seismic zones (II, III, IV, and V) based on scientific inputs relating to seismicity, earthquakes that occurred in the past and tectonic setup of the region.

Seismic Zones of India	Intensity of the Seismic zone (based on modified CIS-64 scale)
Zone II	Areas that are prone to earthquakes mapped to intensity of VI and below
Zone III	Areas that are prone to earthquakes mapped to intensity VII
Zone IV	Areas that are prone to earthquakes mapped to intensity VIII
Zone V	Areas that are prone to earthquakes mapped to intensity () and above



Sundernagar Town in Mandi District of Himachal Pradesh. This hypothetical Scenario has been developed by team of earthquake engineering experts from IITs Bombay and Madras, and in consultation with the Wadia Institute of Himalayan Geology, Seismology Division of IMD and Geological Survey of India under the guidance of NDMA.

The simulation results with the epicenter near Sundernagar in Mandi District of Himachal Pradesh which lies in the seismic zone V and projects strong shaking in the States of Himachal Pradesh, Haryana, Punjab, and the Union Territory of Chandigarh. It has been considered to be on the Main Boundary Thrust (MBT) at a depth of 15 km, the MSK Intensity map using the Boore and Atkinson (2008) GMPE has been used.

It is seen that the maximum intensity obtained due to this earthquake ~ X which is observed at the rupture surface and the MBT fault is ruptured to a length of 200 km over the districts starting from the middle of Kangra, passing through Mandi, Bilaspur and Solan. The epicentre of the hypothetical earthquake is located in a "seismic gap" in western Himalaya and several scientists expect this region to experience a large earthquake in the future. To have a pragmatic assessment of coordinated response capabilities, sites were carefully selected with due consideration to encompass varied range. In all 60 sites were selected such as government buildings, malls, engineering college, hospitals, office complexes, airport, railway station, market area, schools, bus station, cinema halls, petrol stations etc. In the tri-cities of Chandigarh, Mohali and Punchkula, and at Shimla. A Unified Command, State Emergency Operations Center (EOC) and District EOC were setup with dedicated stand alone Disaster Management Communication Network. Connectivity was established with NDMA and MHA EOCs.

Objectives of the exercise were:

- i. To generate greater public awareness about the vulnerability of the region to disasters with specific emphasis on earthquakes;
- ii. Steps that need to be taken to reduce their impact on people, their family and the community etc.;
- iii. To raise awareness that it is not the earthquake but the collapse of buildings and built infrastructure that result in injury and deaths. iv. To highlight the importance of construction of safe buildings, which comply with earthquake resistant norms as also the requirement of assessment of existing lifeline and critical buildings, water pipelines etc.
- v. To test the response capabilities of various agencies at the state and district level, and;

vi. To identify the gaps. About 900 personnel from NDRF organized in 30 teams, approx 900 civil defense personnel and 270 independent observers from Army participated in the exercise. The emergency support functionaries like police, health, fire, ambulance, civil defense, power and PWD etc participated. During the mock drill the response time, communication, coordination and skills of these emergency support functionaries were observed. At the same time the local residents benefitted from the mock drill which resulted in increased awareness.

We would consider that the success of this drill has been the identification of the gaps in our response preparedness and actions, and this will lay a strong foundation for enhanced preparedness efforts to be carried out in a sustained manner in future.

The key important lessons learnt are:

- i. Necessity of establishment Disaster Management Plans at various levels;
- ii. Need for state-of-the art emergency operation centres at the state and district level with redundancy;
- iii. Setting-up and use of wireless communication system for the stakeholders to more effectively deal with an earthquake disaster scenario;
- iv. Recognise capacity of having better road accessibility in case of disaster; v. Identification of requirements of state-of-the-art equipment and
- systematic inventory of resources, both with govt. and private sector;
- vi. Need for adequate number of ambulances;
- vii. Greater public awareness and sensitization of people for enhanced preparedness.

viii. The need to make younger generation aware of the earthquake hazards and coping mechanism.

Some of the largest earthquakes of the world have occurred in India and the earthquake engineering developments in the country started rather early. After the 1897 Assam earthquake a new earthquake resistant type of housing was developed which is still prevalent in the north-east India. The Baluchistan earthquakes of 1930's led to innovative earthquake resistant constructions and to the development of first seismic zone map. The institutional development started in the late 1950's and earthquake engineering concepts have been applied to numerous major projects in high seismic regions in the country. Extensive damage during several moderate earthquakes in recent years indicate that despite such early gains, earthquake risk in the country has been increasing alarmingly. Most buildings even in high seismic regions of the country continue to be built without appropriate earthquake resistant features. At the higher end of earthquake technology, the gap between state-of-the-practice of earthquake engineering and research in India, bench-marked against the advanced countries, has been widening.

Adult Literacy Centre at Tribune Model School

The Club started Adult Literacy Centre at Tribune School, Sector 29, Chandigarh on November 4 as per the norms of RILM(Rotary India Literacy Mission). As many as 8 Interactors have volunteered to teach 8 Adult "didis" of their school under Each One Teach One project.

The project was launched with an impressive function by the school where the students participated with full enthusiasm. The students presented a group song, and a dance performance too. The icing on the cake was the deliberation of the Interact Club president Arnav Sharma, and Kashish Tiwari. Kashish Tiwari was meticulous in her conducting the whole event. Principal of the school, Mrs. Rani Poddar encouraged the students to join more such programs.

Glimpse of the event:-







In the service of the Community

Projects accomplished between Nov 1 to Nov 15'2023



Members contributed 74 boxes of Mithai for Jawans on the border. President Rtn. Amarjit Singh and Rtn. KS Dhody were there at the flag off.



Club donated 12KGs Washing Machine – Shirts Besides traditional / customary Diwali gifts at Apne Foundation a shelter home for orphan Children.

Know Rotary Even Better

EXCHANGE OF CLUB BANNERS

One of the colorful traditions of many Rotary clubs is the exchange of small banners, flags or pennants. Rotarians traveling to distant locations often take banners to exchange at "make up" meetings as a token of friendship. Many clubs use the decorative banners they have received for attractive displays at club meetings and district events.

The Rotary International board recognized the growing popularity of the banner exchange back in 1959 and suggested that those clubs which participate in such exchanges give careful thought to the design of their banners in order that they be distinctive and expressive of the community and country of which the club is a part. It is recommended that banners include pictures, slogans or designs which portray the territorial area of the club.

The board was also mindful of the financial burden such exchange may impose upon some clubs, especially in popular areas where many visitors make up and request to exchange. In all instances, clubs are cautioned to exercise discretion and moderation in the exchange of banners in order that the financial obligations do not interfere with the basic service activities of the club.

Exchanging club banners is a very pleasant custom, especially when a creative and artistic banner tells an interesting story of community pride. The exchange of banners is a significant tradition of Rotary and serves as tangible symbol of our international fellowship.

Did You Know?

PAUL HARRIS--FIRST BUT NOT FIRST

Was Paul Harris the first president of a Rotary club? No.

Was Paul Harris the first president of Rotary International? Yes.

Here is an easy explanation to this apparent contradiction. Although Paul Harris was the founder and organizer of the first Rotary club in Chicago in 1905, the man selected to be the first president was one of the other founding members, Silvester Schiele.

By the year 1910 there were 16 Rotary clubs, which linked up as an organization called the National Association of Rotary Clubs. A couple of years later the name was changed to International Association of Rotary Clubs as Rotary was organized in Winnipeg, Canada, and then in England, Ireland and Scotland. In 1922 the name was shortened to Rotary International. When the first organization of Rotary clubs was created in 1910, Paul Harris was selected as the first president. He served in this position for two years from 1910 until 1912.thus, the founder of the Rotary idea, who declined to be president of the first club, became the first president of the worldwide organization, Rotary International.

Forth Coming Events

• 53nd meeting of the club on Nov 24'2023

Congratulations

Birthday Wishes

PP Rtn. Ravíjeet Singh Nov 16

Rtn. Damandeep Singh Nov 19

PP Rtn. Sukhpreet Singh Giani Nov 19

Rtn. Víshwas Arora Nov 24

Rtn. Kríshna Bírdy Nov 27

Marriage Anniversary Wishes

PP Rtn. Ravíjeet Singh and Rtn. Manpreet Kaur Nov 20

Rtn. Víkramjeet Kaushík & Ann Saru Kaushík Nov 24

Rtn. Harcharan Singh Marwah & Rtn. Swaranjeet Kaur Nov 29

PLEASE NOTE

This newsletter is not to be used commercially or for any non-Rotary solicitation. This is for each member's private use, which intent to inform the events happening in the club.